

**From:** James Stites <swim1@qwest.net>  
**Subject:** Ford Aquatics Masters Newsletter 10/4/08  
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**To:** undisclosed-recipients;

Welcome to the October issue of the Ford Aquatics Masters Newsletter. Please visit our website for the very latest team info: [www.FordAquatics.com](http://www.FordAquatics.com).

#### The Latest Scoop:

- The good news: the new pool is almost finished! The bad news: we will be moving our morning practices on M-W-F to The U of A Student Rec Center for a few weeks until construction is complete. Tuesday & Thursday morning practices, all Noon practices and all evening practices remain at Hillenbrand Aquatic Center. The weekly workout plan will change for all groups starting Wednesday 10/08/08. Please visit our [homepage](#) for more information.
- The La Jolla Rough Water Swim weekend was a BLAST! If you haven't seen results yet click [HERE](#). Kim Huxman was our top finisher in the Women's 1 mile finishing 30th out of 375 with a time of 23:54. I was our top finisher in the Men's 1 mile event finishing 51st out of 553 with a time of 22:57 (yes, I beat Matt Harper again by 9 seconds!). Bridget Pranke was our top Gatorman finisher for the women at 18th of 150 women with a time of 1:13:16. Our best finish of the day came from John Becker who finished 9th of 337 Gatormen with a 1:06:03. Awesome! Let's do it again next year.
- Entries for the Short Course Meters Fall Classic at NAU in Flagstaff are due (received by) October 15th. The meet is scheduled for Sunday October 19th at 11:00am (10:00am warm-up). Short course meters at altitude... SOUNDS LIKE FUN!
- Keep your fingers crossed for November 1st. If all goes well that is the date of our inter squad meet in the new pool. More information will be posted at our website as soon as it's available.
- 2008 Olympic swimmer Jason Lezak will be giving hosting a brunch and giving a Masters swim clinic at Skyline CC on Sunday November 23rd. The cost is \$60 for each event or \$100 for both the brunch and the clinic. More information at: <http://www.skylinemastersswimclub.org/>
- Many of you have heard that Craig Drachman passed away on September 17th. A memorial Mass will be held on Wednesday October 22 at 4:15pm at Our Mother of Sorrows Church.

#### Upcoming Events:

- Tinfoilman Triathlon at Hillenbrand Aquatic Center Sunday October 12, 2008 (race is closed, **need swim counters!**).
- Fall Classic SC meters at NAU October 19, 2008.
- AM/Noon/PM Inter-squad meet November 1, 2008 (?) .
- SC Meters State Meet at ASU November 14-16, 2008.
- SPMA SCM Championships at Belmont Pool in Long Beach, CA December 5-7, 2008.

#### Planning ahead:

- 19th Polar Bear Classic January 25, 2009 Hillenbrand Aquatic Center.
- USMS SC Yards Nationals May 7-10, 2009 Clovis, CA.

#### Reminders:

- The October dues deadline is Friday October 10th. Checks should be made out to "Ford Aquatics" for \$40 and placed through the slot in the Ford Aquatics office door or delivered to me on deck.
- You can receive a 10% discount if you pay for 1 year in advance (\$432) or a 5% discount if you pay for 6 months in advance (\$228). Full time U of A undergrads receive a \$5 discount each month. Married couples each receive a \$5 discount each month. These discounts are available at the beginning of any month. Checks may also be mailed to Ford Aquatics, P.O. Box 44233, Tucson, AZ 85733.
- Your USMS membership must be current for 2008 to swim in practices with Ford Aquatics Masters. If you haven't yet made a copy of your card for me please do so ASAP.
- Let me know if your email address changes.

:Coach Jim (aka Swim Swami)

P.S. If you no longer want to receive these newsletters please reply to this email with "remove" in the subject line.