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Welcome to the August issue of the Ford Aquatics Masters Newsletter. Please visit our website for the very latest team info: www.FordAquatics.com.

The Latest Scoop:

- Hillenbrand Aquatic Center will be closed for repairs August 4 -8. Morning and Noon practices will be held at the U of A Student Rec Center. Please arrive at least 5 minutes early to get into the facility (SE corner of 6th Street & Highland). If you are late you will need to have a photo ID to be checked against our team roster at the front desk. City parking meters are available on 7th Street behind the facility (no fee needed before 8:00am). All practices will return to Hillenbrand Aquatic Center on Monday August 11th if all goes as planned.
- The 34 year old 10 meter dive tower will be taken down during next week's repairs, the water from the 50 meter tank will be drained into the new pool to test for leaks prior to plastering, and a persistent leak in the main pool will be fixed (again).
- Parking Permits will be changing this year. The pool lot is now designated as "Lot Specific" and will not be available for Ford Aquatics swimmers between 7:00am and 5:00pm. Permits will be available for parking meters only. The times will stay the same (7:00 to 7:30am and 11:30am to 1:30pm). More info. next week.
- Our team website is gradually being reconstructed after completely losing everything last week. The homepage will still be the place for announcements and updates. Local Links that have been reactivated include: Calendar, Meet Information, Meet Results (2008 only), Newsletters and Records/Top 10. More will be added over time. If your computer has stored any of the missing pages in it's cache please save them and send them to me!
- **LONG COURSE NATIONAL TAPER HAS BEGUN!!!** Good Luck to Susan Dawson-Cook, Ted Haartz, Al Jaegers, Christine Nelson, Bridget Pranke, Barry Roth, Scott Shake, Jeff Utsch and the rest of the AZ Masters team who will be competing in Gresham, OR at Mt. Hood Community College August 14th thru 17th.
- La Jolla Rough Water training will begin next week for those who are interested. Morning and noon practices will be extended an additional 10 minutes each week beginning August 11th. After a 4 week build up there will be a 1 week taper starting Labor Day weekend.
- Elections are coming up this fall for the Arizona Masters Board of Directors. I am on the Nominating Committee and would love to get more of our team involved. If you are interested or know someone

on our team who might be interested in becoming Chairman, Vice Chairman, Treasurer, Secretary or Registrar please let me know by September 14th. Help make Arizona Masters better... GET INVOLVED!!!

Upcoming Events:

- USMS LC Nationals Mount Hood, Oregon August 14-17, 2008.
- La Jolla 1 Mile Rough Water Swim & 3 Mile Gatorman Sunday September 7, 2008.
- Tinfoilman Triathlon at Hillenbrand Aquatic Center Sunday October 12, 2008 (120 spots remain open).
- AM/Noon/PM Inter-squad meet in October - possibly in the new pool (date TBA).
- Fall Classic SC meters at NAU Sunday October 19th (see "Meet Information" link at our website).

Waiting For Official Dates and Information:

- SC Meters State Championships at ASU November 15-16 (?).
- SC Meters SW Zone Championship at Belmont Pool in Long Beach, CA December 5-7 (?).

Reminders:

- The August dues deadline will be extended until Monday August 11th due to construction. Checks should be made out to "Ford Aquatics" for \$40 and placed through the slot in the Ford Aquatics office door or delivered to me on deck.
- You can receive a 10% discount if you pay for 1 year in advance (\$432) or a 5% discount if you pay for 6 months in advance (\$228). Full time U of A undergrads receive a \$5 discount each month. Married couples each receive a \$5 discount each month. These discounts are available at the beginning of any month. Checks may also be mailed to Ford Aquatics, P.O. Box 44233, Tucson, AZ 85733.
- Your USMS membership must be current for 2008 to swim in practices with Ford Aquatics Masters. If you haven't yet made a copy of your card for me please do so ASAP.
- Let me know if your email address changes.

:Coach Jim (aka Swim Swami)

P.S. If you no longer want to receive these newsletters please reply to this email with "remove" in the subject line.