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Welcome to the September issue of the Ford Aquatics Masters Newsletter. Please visit our website for the very latest team info: [www.FordAquatics.com](http://www.FordAquatics.com).

The Latest Scoop:

- Congratulations to those who helped Arizona Masters to a third place team finish at USMS Long Course Nationals. Individual National Champions were: Bridget Pranke (1500m free), Jeff Utsch (200m & 400m free), Al Jaegers (200m i.m.), Scott Shake (50m, 100m, 200m back & 400m i.m.) and Ted Haartz (200m breast). Totally amazing!
- Annual locker fees are due by September 30th. Make checks out to "U of A" for \$40 and include your locker number and gender on your check. Give your check to a coach or slip it through the slot in the office door.
- The La Jolla Rough Water weekend is finally here! We will meet to "test the waters" on Saturday 9/6/08 at 4:00pm at the cove. There will be a team dinner at Strauss Brewing Co. at 6:00pm. Check our website next week for photos and results.
- Short Course Meters season has begun. The highlight will be the first meet in our new pool which is tentatively scheduled for Saturday November 1st. Info. about all of our Fall meets can be found by clicking on the "Meet Information" link on our homepage.

Upcoming Events:

- La Jolla 1 Mile Rough Water Swim & 3 Mile Gatorman Sunday September 7, 2008.
- Tinfoilman Triathlon at Hillenbrand Aquatic Center Sunday October 12, 2008 (race is closed, need volunteers).
- Fall Classic SC meters at NAU October 19, 2008.
- AM/Noon/PM Inter-squad meet November 1, 2008 (?).
- SC Meters State Meet at ASU November 14-16, 2008.
- SPMA SCM Championships at Belmont Pool in Long Beach, CA December 5-7, 2008.

Planning ahead:

- 19th Polar Bear Classic January 25, 2009 Hillenbrand Aquatic Center .
- USMS SC Yards Nationals May 7-10, 2009 Clovis, CA.

Reminders:

- The September dues deadline is Wednesday September 10th. Checks should be made out to "Ford Aquatics" for \$40 and placed through the slot in the Ford Aquatics office door or delivered to me on deck.
- You can receive a 10% discount if you pay for 1 year in advance (\$432) or a 5% discount if you pay for 6 months in advance (\$228). Full time U of A undergrads receive a \$5 discount each month. Married couples each receive a \$5 discount each month. These discounts are available at the beginning of any month. Checks may also be mailed to Ford Aquatics, P.O. Box 44233, Tucson, AZ 85733.
- Your USMS membership must be current for 2008 to swim in practices with Ford Aquatics Masters. If you haven't yet made a copy of your card for me please do so ASAP.
- Let me know if your email address changes.

:Coach Jim (aka Swim Swami)

P.S. If you no longer want to receive these newsletters please reply to this email with "remove" in the subject line.