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## *Ford Aquatics Masters Newsletter*

Welcome to the November issue of the Ford Aquatics Masters Newsletter. Please visit our website for the very latest team info: [www.FordAquatics.com](http://www.FordAquatics.com). If you no longer wish to receive these newsletters simply reply to this email with "remove" in the subject line.

### The Latest Scoop:

- November fees are due. There is a late fee of \$5 after Tuesday November 10th.
- 26 swimmers participated in our annual AM vs. PM intrasquad meet on Saturday October 17th. This was the first year that the meet was held in the short course meters pool so all age group winners are now meet record holders! The AM team pulled off another victory making it their 8th victory since 2000. [RESULTS](#)
- Morning practices on Mon.-Wed.-Fri. will continue to run from 5:30am to 6:30am until further notice. Please check our homepage in mid November for further information. Morning practice on Tue. and Thu. will remain at 6:00am.
- By now you should have received a ballot in the mail to vote for our AZ LMSC (Local Masters Swimming Committee) Board of Directors. We have 2 Ford Aquatics Masters swimmers running. Judy Gillies is running for Chairman and John Lesko is running for Vice Chairman. Supporting them in this election will help our team have a say in all matters relating to masters swimming in Arizona. Be sure to sign your name on the back of the ballot and mail it in by the end of this week.
- Timers needed! The U of A home meet schedule begins this Friday with a meet against Wisconsin and UNLV at 2:00pm. Please let me know by email or at practice if you can help out. Pizza will be served to all timers in the pool lobby immediately after noon practice. If you work 3 meets or more during the

course of the season you will receive a U of A Swimming & Diving t-shirt. Plan ahead... use the following link to view the meet schedule: [Women / Men](#)

### Upcoming Events:

- [Open Water Swim Series](#), Tempe Town Lake, 11/8/09
- [Ron Johnson Invitational](#) (SC meters) November 21-22, 2009 at ASU's Mona Plummer Aquatic Center in Tempe, AZ. I have reserved a block of rooms for Saturday night at the Courtyard Phoenix Airport which is about 3 miles from the ASU pool. 2 queen beds per room, \$99/nt. Let me know if you need a room.
- [The SPMA Short Course Meters Championship](#) will again be held at Belmont Pool in Long Beach, CA and hosted by the Long Beach Grunions over the first weekend in December (4-6). I highly recommend this meet as a great way to finish the short course meters season. I will not be reserving a block of rooms for this event. Please call Courtyard Long Beach Downtown to reserve your room (562-435-8511). Mention the SPMA Swim Meet to get the discounted rate of \$89/nt+tax.

### Planning ahead:

- U.S.M.S registration renewals for the 2010 will take place over the month of December.
- Our 20th Annual Polar Bear Classic meet is planned for Sunday January 24th. More information will be posted at our website once the sanctioning process is complete and the meet date has been finalized.

### Reminders:

- The November dues deadline is Tuesday October 10th. Checks should be made out to "Ford Aquatics" for \$45 and placed through the slot in the Ford Aquatics office door or delivered to a coach on deck. There is a \$5 late fee after the 10th.
- You can receive a 10% discount if you pay for 1 year in advance (\$486) or a 5% discount if you pay for 6 months in advance (\$256.50). Full time U of A undergrads receive a \$5 discount each month. Married couples each receive a \$5 discount each month. These discounts are available at the beginning of any month. Checks may also be mailed to Ford Aquatics, P.O. Box 44233, Tucson, AZ 85733.

- Your USMS membership must be current for 2009 to swim in practices with Ford Aquatics Masters. If you haven't yet made a copy of your card for me please do so ASAP. Join USMS online at <https://www.clubassistant.com/club/USMS.cfm?l=48>
- Let me know if your email address changes.

:Coach Jim (aka Swim Swami)