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Subject: Ford Aquatics Masters Newsletter 11/1/10
Date: November 1, 2010 6:51:55 PM MST



Ford Aquatics Masters Newsletter

Welcome to the November issue of the Ford Aquatics Masters Newsletter. Please visit our website for the latest team info: www.FordAquatics.com. If you no longer wish to receive our newsletter simply reply to this email with "remove" in the subject line.

The Latest Scoop:

- The \$50 November fee is due. Add \$5 after Wednesday November 10th. Please scroll to the bottom of this page for information about discounts and an address for payments by mail.
- This will be the last week for the early start time for morning workouts on M-W-F. All morning practices will return to the normal 6:00am start beginning Monday November 8th.
- The umpteenth annual AM/PM intrasquad meet was held on Saturday 10/30 in the short course meters Kasser Pool. The PM team came prepared to win by out numbering and out swimming the AM team for the 2nd time this century 324.2 to 272.7. Thirteen individual swims scored over 9 points and 8 of those came from the winning PM team. Congratulations to the PM team and Sean Bourne the PM coach! Check it out: [AM/PM Meet Results](#)
- UA Men's Basketball season begins this month. The pool parking lot will be closed for the home games on Thursday November 18th and Tuesday November 23. Practice will be held but parking will be strictly PROHIBITED in all surrounding U of A parking lots. Please plan ahead.
- There will be 1 practice offered on Thanksgiving Day 11/25 at 7:00am. Get that bird cookin' then come to practice and burn some pre feast calories.

Normal practice times on Friday 11/26. Saturday 11/27 TBA

Upcoming Events:

- Nov. 5 - UA vs WI men & women, 2pm, timers needed!
- Nov. 6 - [Arizona Open Water Swim Series Finale](#): Tempe Town Lake - no Saturday practice
- Nov. 20-21 - [Ron Johnson Invitational](#), ASU - Tempe, AZ (short course meters) - no Saturday practice
- Dec. 3-5 - [SPMA Championship](#), Belmont Plaza - Long Beach, CA (short course meters) - no Saturday practice
- Dec. 31 - 2011 [USMS registration](#) deadline (note: 2011 registration is open now).

Planning ahead:

- The SC Yards State meet will be held in the same pool as the USMS National Championship! Mark your calendar for April 1-3, 2011
- Start training! The 2011 US Masters Spring Nationals will take place at the Kino Aquatics Center in Mesa, AZ April 28 - May 1. All Masters swimmers can swim 3 events and up to 6 events if you have achieved the time standards. There will also be an open water swim event held on Saturday April 30th in conjunction with this meet. Hotel rooms have been reserved.

Reminders:

- The November dues deadline is Wednesday November 10th. There is a \$5 late fee after the 10th. Checks should be made out to "Ford Aquatics" for \$50 and placed through the slot in the Ford Aquatics office door or delivered to a coach on deck. Checks may also be mailed to Ford Aquatics, P.O. Box 44233, Tucson, AZ 85733. You receive a 10% discount if you pay for 1 year in advance (\$540) or a 5% discount if you pay for 6 months in advance (\$285). Full time U of A undergrads receive a \$5 discount each month. Married couples each receive a \$5 discount each month

(\$10 total). These discounts are available at the beginning of any month.

- Your USMS membership must be current to swim in practices with Ford Aquatics Masters. If you haven't yet sent me a copy of your pdf membership file please do so ASAP. Join USMS online at <https://www.clubassistant.com/club/USMS.cfm?l=48>. Choose "Arizona Masters" (ARIZ) as your club and "Ford Aquatics" (FORD) as your workout group. A list of swimmers who have forwarded their membership card to me can be found at: [2010 USMS list](#)
- Let me know if your email address changes.

:Coach Jim (aka Swim Swami)