

From: James Stites <swim1@qwest.net>
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Ford Aquatics Masters Newsletter

Welcome to the March issue of the Ford Aquatics Masters Newsletter. Please visit our website for the very latest team info: www.FordAquatics.com. If you no longer wish to receive these newsletters simply reply to this email with "remove" in the subject line.

The Latest Scoop:

- March fees are due. There is a late fee of \$5 after Wednesday March 10th.
- East Valley Pentathlon... [RESULTS](#)
- Ford Aquatics [promotional video](#)
- Noon practice 800 yard kick time trial Tuesday March 2, 2010 (tomorrow!).
- The next U of A Men's Basketball parking conflict is **this Thursday** March 4th. There will be practice but there won't be any parking available. Please plan ahead.
- Practice this Saturday (3/6/10) will be at 7:00am. There will be no practice on Saturday 3/13/10.

Upcoming Events:

- March 13 - 2010 East Valley Invite - Short Course Yards, Kino Aquatics Center (Mesa, AZ), online entry deadline 3/8/10. [meet info.](#)
- March 21 - 2010 Holualoa Tucson Triathlon - filled to capacity! Swim counters needed.
- April 9-11, 2010 AZ LMSC State - Short Course Yards, Hillenbrand Aquatic Center (Tucson, AZ) [meet info.](#) [online reg.](#)
- [2010 AZ Open Water Swimming](#): May 1, May 29, Sept. 18, Oct. 16, Nov. 7 (1k, 2k, 4k events).

Planning ahead:

- May 20-23, 2010 US Masters Swimming Spring Nationals - Short Course Yards, Georgia Tech Aquatics Center (Atlanta, GA). Hotel rooms have been reserved. Let me know if you're planning to go and if you need a room.
- Start training! The **2011** US Masters Spring Nationals will take place at the Kino Aquatics Center in Mesa, AZ (last weekend in April 2011).

Reminders:

- The March dues deadline is Wednesday March 10th. Checks should be made out to "Ford Aquatics" for \$45 and placed through the slot in the Ford Aquatics office door or delivered to a coach on deck. There is a \$5 late fee after the 10th.
- You can receive a 10% discount if you pay for 1 year in advance (\$486) or a 5% discount if you pay for 6 months in advance (\$256.50). Full time U of A undergrads receive a \$5 discount each month. Married couples each receive a \$5 discount each month. These discounts are available at the beginning of any month. Checks may also be mailed to Ford Aquatics, P.O. Box 44233, Tucson, AZ 85733.
- Your USMS membership must be current for 2010 to swim in practices with Ford Aquatics Masters. If you haven't yet sent me a copy of your pdf membership file please do so ASAP. Join USMS online at <https://www.clubassistant.com/club/USMS.cfm?l=48>. Choose "Arizona Masters" (ARIZ) as your club and "Ford Aquatics" (FORD) as your workout group. You can find a list of swimmers I have received a membership card from at: [2010 USMS list](#)
- Let me know if your email address changes.

:Coach Jim (aka Swim Swami)