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To: Stites Jim

Ford Aquatics Masters Newsletter 2/9/13

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Ford Aquatics Masters Newsletter

Welcome to the February issue of the Ford Aquatics Masters Newsletter. Please visit our website for the latest team info: www.FordAquatics.com. If you no longer wish to receive our newsletter simply reply to this email with "remove" in the subject line.

The Latest Scoop:

- The monthly fee has increased to \$55. Please add a \$5 late fee after Sunday February 10th. You receive a 10% discount for a 1 year advance payment (\$594) and a 5% discount for a 6 month advance payment (\$313.50). We will continue to pay by check or cash until further notice (checks to "Ford Aquatics").
- All Ford Masters swimmers **MUST** have a **2013 USMS** membership. **You can now register with USMS for the 2013 season with the following link: [2013 USMS](#)**. Remember to indicate that "Arizona Masters" is your club and "Ford Aquatics" is your workout group. This is an insurance issue and you may not swim with our team unless you have a 2013 membership. Please email a pdf of your membership card for our records or forward a copy of the email you receive from USMS with a link to a pdf of your membership card (I DO NOT need the credit card receipt email you will also receive).
- The last U of A Swimming home meet of the season is today (2/9/13) at 1:00pm. Please arrive by 12:45pm to help time!
- Thanks to everyone who helped support the first Ford Aquatics swim-a-thon last weekend. Your fund raising and donations will help us dig out of our financial hole. Donations are still being collected through February 23rd. If you still want to help out please make checks to "Ford Aquatics."
- UA Basketball games have begun. Evening practices will not be canceled but you may not park in the pool lot or Cherry Ave. Garage. Plan ahead...check out the game schedule for February below under "Upcoming Events."
- You can now order Ford Aquatics apparel online. There is a new link near the

upper left hand corner of our homepage or [click here](#).

- February Training Goals:
 - Sign up and be prepared for the Sun Devil Masters "Sprinters Spectacular" on Sunday March 3rd. Besides the normal events there will be 25's in each stroke and a 50 yard fins event! [click here](#) for more information or [enter online](#).
 - More race pace work!
 - Big meets are right around the corner!

Upcoming Events:

- No practice on Saturday 2/16/13.
- UA Men's Basketball: We. 2/6/13 7:00pm, We. 2/20/13 9:00pm. All other February games are away or don't conflict with our practices.
- Fini's Landing for all February birthdays on Friday February 22nd 5:00pm (?).

Planning ahead:

- Still working on starting up u/w video taping (camera problems). Stay tuned...
- AZ LMSC SCY State / SW Zone will be held at the newly renovated Oro Valley Aquatic Center April 5-7, 2013. More information soon.
- USMS SCY Nationals in Indianapolis, IN May9-12, 2013. Wanna go? Let me know.

Reminders:

- The February dues deadline is Sunday February 10th. There is a \$5 late fee after the 10th. Checks should be made to "Ford Aquatics" for \$55 and placed through the slot in the Ford Aquatics office door or delivered to a coach on deck. Checks can also be mailed to Ford Aquatics, P.O. Box 44233, Tucson, AZ 85733. You can receive a 10% discount if you pay for 1 year in advance (\$594) or a 5% discount if you pay for 6 months in advance (\$313.50). Full time U of A undergrads receive a \$5 discount each month. Married couples each receive a \$5 discount each month (\$10 total). These discounts are available at the start of any month.
- Your USMS membership must be current to swim in practices with Ford Aquatics

Masters. Join USMS online at <https://www.clubassistant.com/club/USMS.cfm?l=48>. Choose "Arizona Masters" (ARIZ) as your club and "Ford Aquatics" (FORD) as your workout group. A list of swimmers who have registered can be found using the following link: [2013 members link](#).

- Let me know if your email address changes.

:Coach Jim (aka Swim Swami)